



Kilograms to Pounds (Avoir)

	+0kg	1	2	3	4	5	6	7	8	9
0kg	0.00	2.20	4.40	6.60	8.80	11.00	13.20	15.40	17.60	19.80
10	22.00	24.30	26.50	28.70	30.90	33.10	35.30	37.50	39.70	41.90
20	44.10	46.30	48.50	50.70	52.90	55.10	57.30	59.50	61.70	63.90
30	66.10	68.30	70.50	72.80	75.00	77.20	79.40	81.60	83.80	86.00
40	88.20	90.40	92.60	94.80	97.00	99.20	101.40	103.60	105.80	108.00
50	110.20	112.40	114.60	116.80	119.00	121.30	123.50	125.70	127.90	130.10
60	132.30	134.50	136.70	138.90	141.10	143.30	145.50	147.70	149.90	152.10
70	154.30	156.50	158.70	160.90	163.10	165.30	167.60	169.80	172.00	174.20
80	176.40	178.60	180.80	183.00	185.20	187.40	189.60	191.80	194.00	196.20
90	198.40	200.60	202.80	205.00	207.20	209.40	211.60	213.80	216.10	218.30

Pounds (Avoir) to Kilograms

	+0lb	1	2	3	4	5	6	7	8	9
0lb	0.00	0.45	0.91	1.36	1.81	2.27	2.72	3.18	3.63	4.08
10	4.54	4.99	5.44	5.90	6.35	6.80	7.26	7.71	8.16	8.62
20	9.07	9.53	9.98	10.43	10.89	11.34	11.79	12.25	12.70	13.15
30	13.61	14.06	14.51	14.97	15.42	15.88	16.33	16.78	17.24	17.69
40	18.14	18.60	19.05	19.50	19.96	20.41	20.87	21.32	21.77	22.23
50	22.68	23.13	23.59	24.04	24.49	24.95	25.40	25.85	26.31	26.76
60	27.22	26.67	28.12	28.58	29.03	29.48	29.94	30.39	30.84	31.30
70	31.75	32.21	32.66	33.11	33.57	34.02	34.47	34.93	35.38	35.83
80	36.29	36.74	37.19	37.65	38.10	38.56	39.01	39.46	39.92	40.37
90	40.82	41.28	41.73	42.18	42.64	43.09	43.54	44.00	44.45	44.91